

FREE SKATE TEST JUDGING FORM ADULT JUNIOR (AJRF)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Expectations for adult candidates align with the silver singles test (rule 6233). The candidate must give a performance that is generally good. The preciseness of the footwork should be nearly faultless, body motions well timed with the music, and the flow and power very good in all free skating elements (jumps, spins and connecting steps). The program should fully utilize the ice surface, and no major or consistent errors should be in evidence. As specified in rule 6422, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS		
JUMP ELEMENTS (7)	One single, double or triple Axel*				
	Four different double, triple or quadruple jumps (one of which must be a double flip, double Lutz, triple jump or quadruple jump*)				
	One two-jump or three-jump combination including two jumps with at least two rotations				
	One additional jump element must include at least one listed jump, which may be any single, double, triple or quadruple jump and may be the same as a jump(s) already performed*				
	One spin combination with at least one change of position (minimum 10 revolutions)**				
SPINS (3)	One flying spin or spin with a flying entry (minimum 6 revolutions)**				
	One spin with only one position (minimum 6 revolutions)**				
	One choreographic sequence must be clearly visible				
STEPS			MARK (-3 to +3)		
Duration: 3:40 maximum time - For up to every 10 sec in excess: penalty of one point (-1) deduction (6233 (A)) - For each illegal element/movement: penalty of one point (-1) deduction (6233 (B)) *Required jumps may be performed as solo jumps, or as part of the permitted jump combinations or sequences, but no jump element may count for more than one of the jump requirements. **All spins: may have a flying entry, change feet, must be of a different character. - Extra elements may be added without penalty; two different elements may be reskated, if necessary.			Elements		
			Skating		
			Program		
			DED		
Circle Test Result	Retry -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total

Judge's Name _____ Mbr # _____
(Your written/typed name constitutes your signature.)

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three gold singles test judges	N/A