

SKATING SKILLS JUDGING FORM

ADULT INTERMEDIATE 21+ (21INSS)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Expectations for the adult 21+ candidates align with the bronze skating skills test. Candidates must skate the correct steps and turns on good edges, with good form, flow, power and preciseness to their steps (rules 5034 and 5104).

PATTERNS	ELEMENTS TEST STANDARDS / EXPECTATIONS				MARK (-3 to +3)	
	<p>1. Backward Double Three-Turns edge quality, extension</p> <ul style="list-style-type: none"> Control throughout, no major sub-curves B 3-turn at top of lobe, F at 2/3 of lobe Gliding edge between turns w/ nicely extended free leg Flow maintained, full ice coverage w/ depth of pattern <p><i>Intro steps opt. Consecutive B dbl 3-turns on 1/2 circles w/ alt. feet (4-6 sets depends on size of ice & strength of skater), BO dbl 3-turns 1st length, BI dbl 3-turns 2nd length (end patterns optional).</i></p>					
	<p>2. Spiral Sequence extension, edge quality</p> <ul style="list-style-type: none"> Edge control & flow in accordance w/ pattern Free leg must be hip level or higher during spirals Awareness of extension of all body lines / Full ice coverage <p><i>Intro steps opt. (R or L start) FO spiral held until long axis, FI opMo, wide-step 2 ft. power push to B Xover, BO spiral held until long axis, FI spiral, FI Mo, BI spiral held until long axis (opt. steps to rpt. pattern in opposite dir.). Spirals sustained w/ ext. free leg for form/flexibility.</i></p>					
	<p>3. Brackets in the Field Sequence edge quality</p> <ul style="list-style-type: none"> Proper edge at strike-off perpendicular to axis, even lobes Controlled brackets (not jumped) in/out on proper edge (no major sub curves) Maintain control of body alignment w/ sense of organization in repetition <p><i>Intro steps opt. (R or L start) 2 sets of turns on 1/2 circles (FO-BI) down approx. 1/2 length of ice surface. Continuing down remaining length (opt. step to transition), 2 sets of turns (FO-BI) on other ft. Entire sequence repeated down 2nd length of ice surface (FI-BO).</i></p>					
	<p>4. Forward Twizzles turn execution, continuous flow</p> <ul style="list-style-type: none"> Traveling turns w/ uninterrupted turn action (not checked 3-turns), correct entry/exit edges Continuous flow (no toe pushing on XS) Strong core and body alignment / Control throughout <p><i>Standing start (R or L) FO roll, F XS, FO 1 1/2 Tw to BI, FO (3 sets ea.) Standing start (R or L) FI roll, FI 1 1/2 Tw to BO, FI (3 sets ea.) (3 twizzle sets rpt. across short or long axis & rpt. on the other ft. in the same manner).</i></p>					
	<p>5. Inside Slide Chassé Pattern edge quality, extension</p> <ul style="list-style-type: none"> Hear a sound of power being generated during slide chassés Good posture & body alignment / Control after BO 3 Body lean over deep curving edges, good-sized lobes Even cadence and flow <p><i>Intro steps opt. 4 alt. patterns of: FI Mo, B power 3-turn, two inside slide chassés. Pattern should cover full length of ice surface.</i></p>					
<p>Only one element may be reskated at the end of the test, if necessary.</p>	Circle Test Result	Retry -15 to -1	Pass 0 to +5	Honors +6 to +10	Distinction +11 to +15	Total

Judge's Name _____ Mbr # _____
(Your written/typed name constitutes your signature.)

Judging Panel Required	Three-Judge Panel (test result determined by majority) Three silver or higher rank test judges certified to judge skating skills	Single-Judge Panel N/A
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